

TRAIN MY HANDS FOR WAR

We Defy Foundation

Jiu-Jitsu scholarships for combat veterans

Christian Brazilian Jiu-Jitsu Connect Group, hosted at 3 Embers Grappling Academy, McKinney TX.
Strong hands. Humble hearts.

IMPORTANT: NO AFFILIATION, NO OWNERSHIP, NO INVOLVEMENT

We have no affiliation, ownership, partnership, sponsorship, or involvement with the organizations listed below, and they have no involvement with us. Nothing here is an endorsement - these are unbiased informational pointers for our visitors. Verify all details, eligibility, dates, and requirements directly with each organization.

WHO IT SERVES

Combat veterans with military-connected disabilities

SUMMARY

We Defy Foundation is a nonprofit that provides combat veterans coping with military-connected disabilities a long-term means to overcome their challenges through Brazilian Jiu-Jitsu. Their scholarship program covers training at an approved academy, so an accepted veteran can train without paying tuition out of pocket.

WHAT THEY DO

- Athlete scholarships that fund Brazilian Jiu-Jitsu training for approved combat veterans.
- A nationwide network of approved training facilities, searchable on their site, so scholarship recipients can find a gym near them.
- Community, mentorship, and events built around veterans training together on the mats.
- Fundraising and ambassador programs for people who want to support the mission rather than receive a scholarship.

HOW TO GET STARTED

1. 1. Read the eligibility requirements

Their site explains who qualifies as a combat veteran with a military-connected disability and what documentation the application asks for.

2. 2. Apply during an open window

Applications open on a published schedule and can fill within hours because funding is limited. Check their site for the next opening date and apply as close to that time as possible.

3. 3. Find an approved training facility

Use their approved-facility map to locate a participating academy near you, including gyms across Texas.

WEBSITE

<https://wedefyfoundation.org/>

PLEASE NOTE

Scholarship windows, eligibility rules, and facility lists are theirs to set and change. We do not process, influence, or track applications, and we cannot answer questions about your application status.

trainmyhandsforwar.com | mail@trainmyhandsforwar.com

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