

TRAIN MY HANDS FOR WAR

The Impossible Life Podcast

A rally cry for men to remember who they are made to be

Christian Brazilian Jiu-Jitsu Connect Group, hosted at 3 Embers Grappling Academy, McKinney TX.
Strong hands. Humble hearts.

IMPORTANT: NO AFFILIATION, NO OWNERSHIP, NO INVOLVEMENT

We have no affiliation, ownership, partnership, sponsorship, or involvement with the organizations listed below, and they have no involvement with us. Nothing here is an endorsement - these are unbiased informational pointers for our visitors. Verify all details, eligibility, dates, and requirements directly with each organization.

WHO IT SERVES

Men and women who want purpose, discipline, and faith off the mats

SUMMARY

The Impossible Life is a podcast hosted by former Navy SEAL Garrett Unclebach and marketing leader Nick Surface. Their stated purpose is to unleash men and women to live fearless lives full of purpose as God made them to be. Episodes challenge listeners to rise above mediocrity through a Biblical lens, covering mindset, discipline, leadership, and the practical tools behind a courageous life - the same off-mat work that shows up in how a person trains.

WHAT THEY DO

- Weekly episodes on faith, discipline, mindset, leadership, and purpose, with 250+ episodes in the archive.
- Teaching drawn from a Biblical framework, aimed at men who want to lead their families and communities well.
- Conversations and interviews on hard training, recovery from failure, and building courage under pressure.
- Episodes organized by theme on their site - mindset, discipline, and tools and tactics - so you can start anywhere.
- Video versions on YouTube plus audio on Apple Podcasts and Spotify, so you can listen on the drive to the mats.

WHERE TO LISTEN

Website: <https://www.theimpossible.life/podcast>

Apple Podcasts: <https://podcasts.apple.com/us/podcast/the-impossible-life/id1584238293>

Spotify: <https://open.spotify.com/show/3McmSdhO7OR6GB97Nqq69I>

YouTube: <https://www.youtube.com/@theimpossiblelife>

All episodes: <https://www.theimpossible.life/episodes>

WEBSITE

<https://www.theimpossible.life/podcast>

PLEASE NOTE

Their teaching, doctrine, guests, sponsors, and any paid offerings are entirely their own. We do not produce, review, or vet episodes, and listing the show is not an endorsement of every view expressed on it.

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